APPLICATION BY 31.10.2026

LILO HABERSACK RLS YOUNG RESEARCHER AWARD 2026

AWARDED BY
DEUTSCHE RESTLESS LEGS VEREINIGUNG

LILO HABERSACK-
RLS YOUNG RESEARCHER AWARD

The RLS Young Researcher Award, initiated by Lilo Habersack, serves to further develop research on the topic of Restless Legs Syndrome (RLS) and the promotion of young scientists. It is awarded during the Annual EURLSSG Meeting 2026.

Applications are open to scientists who are working clinically and/or scientifically on the topic of Restless Legs Syndrome and who are either currently working on a dissertation or a PhD, or who completed their doctorate or PhD no longer than 5 years ago. This period is extended by child-raising periods or periods of absence due to extraordinary stress.

The special scientific achievements (e.g. an excellent dissertation, a publication with noteworthy research results, the development of innovative research hypotheses or approaches) should serve as the basis for funding. Explicit recognition will also be given to those achievements in which a transfer of methods and approaches from another field into RLS research can take place. Young female scientists are especially encouraged to apply.

The prize is presented in the form of a certificate and is sponsored with 4,000 euros.

APPLICATION

Applications are due by **31.10.2026** in electronic form only (PDF file max. 4 MB, subject: "RLS Young Researcher Award") to the RLS e.V. office: **info@restless-legs.org**

The application documents should include a curriculum vitae, a list of publications, a presentation and explanation of the project in German or English

(max. 4 pages) as well as a summary of the same (max. 2000 characters). The date of receipt is decisive for consideration in the procedure.

CALL FOR PROPOSALS

The call for entries for the award is open to the public. All information on the call for entries can be found on the homepage of the RLS Association. In addition, all dean's offices of the medical faculties of the German universities as well as the medical research institutes will be informed in writing about the announcement. In addition, the German-language press will be asked for publication.

ELECTION OF THE LAUREATE

The assessment of the submitted applications and the selection of the award winner shall be made by an independent jury. The decision of the jury is final and is made without recourse to legal action.

PRESENTATION

The award will be presented at the Annual EURLSSG Meeting 2026 in the presence of board members of the German Restless Legs Association. The framework of the award ceremony is also intended to demonstrate to the outside world the esteem in which the RLS Association holds the work of the award winner.

USE OF THE FUNDS

Within the scope of his or her research activities, the award winner is free to use the funds as he or she wishes. However, the living expenses must be covered by other means. The RLS Young Researcher Award is a one-time financial contribution. The purpose of the financial support is to enable the award winner to afford some "extras", such as research stays in a laboratory, visits to congresses, computers, specialist literature or similar. In return, the awardee is obliged to submit a report on the use of the financial means after one year and to publicly present his RLS project and its results at the next regular general meeting of the RLS Association and/or at the EURLSSG meeting.

ANNOUNCEMENT

On the occasion of the award ceremony, the RLS e.V. Deutsche Restless Legs Vereinigung will prepare a press release in cooperation with the award winner.

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